



AN EVENING WITH DR. JOHN DUFFY

Parenting Today's Tweens & Teens in a Complex World

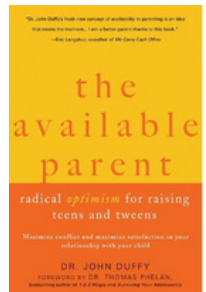
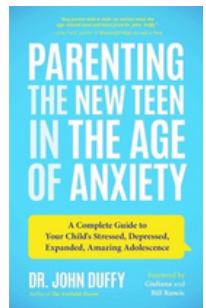
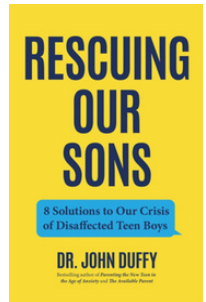
Tuesday, April 9th | 7:00 - 8:30 pm | Barrington Area Library

Today's youth are experiencing an unprecedented set of stressors in our rapidly changing world. From academic and social pressures to the influence of social media and technology to adapting to post-pandemic life, our kids are growing up a world that is very different than that of their parents and other caring adults.

Join BStrong Together as we welcome Chicago-based clinical psychologist, best-selling author, keynote speaker, and national media expert Dr. John Duffy to learn more about the overwhelming circumstances today's tweens and teens are facing to better understand the changing landscape of adolescence.

Based on his 25 years in practice with teens and families, Dr. Duffy will guide us through the stressors and anxieties our children are experiencing, provide manageable solutions to address their needs, and explore how to build stronger connections to help the tweens and teens in our lives thrive today and into the future.

*This FREE event for parents, students, educators and community members will include a presentation and Q&A with Dr. Duffy.



Register today at bstrongtogether.org

